BREKKIE AND LUNCH

FREE-RANGE EGGS ON TOAST (GFO) 14.7
Eggs your way (poached, fried or scrambled +1)
ADD BACON + 7

CHILLI TURKISH EGG 245
Roast capsicum, labneh, blitzed cherry tomatoes, poached eggs, chilli flakes, olive oil, dukkah, dill and toasted Turkish bread
(GFO) (V) Add BACON + 7

BIGGIE’S BREAKFAST (GF) 28
Eggs your way (poached, fried or scrambled +1), pork and sage chipolatas, bacon, roast mushrooms, roast potatoes, grilled tomatoes, and cooked spinach
ADD TOAST + 3.70 (GFO)

IT’S A WRAP 18.5
Scrambled eggs, cheddar cheese, spinach, hashbrown, bacon, and smoky BBQ sauce in a tortilla wrap.

WINTER’S AVO SMASH 18.9
Avocado smash, poached eggs, pickled cucumber salsa, feta, and balsamic vinegar, on French peasant toast.
(V) (VGO)

THE HANGOVER BAGEL 21.5
Bacon, fried egg, swiss cheese, and BBQ sauce on a toasted bagel
MAKE IT A HANGOVER CURE! ADD PULLED PORK + 7.50

THE PESTO IS YET TO COME 21.5
Bruschetta with homemade pesto, blitzed cherry tomato, onion, feta, balsamic glaze, olive oil, and basil on sourdough
(V) (VGO) Add BACON + 7

KEVIN BACON BENEDET 23
Bacon and poached eggs, drizzled with hollandaise and served on French peasant toast.

SOUTHERN PULLED PORK BENEDET 26
Slow-cooked (12h) pulled pork with poached eggs, fried crispy shallots, BBQ sauce and hollandaise served on toasted sourdough

THE HOLY BENEDET 25
Bacon, spinach, poached eggs, black sesame seeds, and beetroot powder, drizzled with hollandaise and served on a toasted croissant.

NOT JUST A FUN-GLI 24
Creamy mushroom, spinach, melted brie cheese, poached eggs, toast’s special sauce, chilli flakes, and dill on a toasted croissant.

FILIPINO-STYLE RICE 25
Traditional Adobo pulled pork in garlic fried rice, served with a fried egg on top and prawn crackers and mini salad on the side (comes mild, medium or hot).

CHICKEN PESTO PENNE 26
Penne pasta with chicken, cream, garlic, cherry tomato, pesto, and parmesan cheese, topped with fresh basil

ZUCCHINI FRITTERS 23
Zucchini fritters with cucumber tzatziki sauce, dukkah, poached eggs and mesclun salad on the side.

HASBROWN STACK 22
Hashbrowns with cooked spinach, roast mushroom, poached eggs, smoky sauce, and roast tomatoes.

CLUB SANDWICH (GFO) 23
Bacon, shredded chicken spread, swiss cheese, tomato, mesclun.

BUILD YOUR OWN OMELETTE

PLAIN CHEESE OMELETTE BASE 10

ADD PROTEIN
HAM + 4.5
BACON (1) + 4
SMOKED SALMON + 3.5
PORK SAUSAGE + 4.5
PULLED PORK + 3

ADD VEGO
MUSHROOM + 2
SPINACH + 2
TOMATO + 2
ONION + 2
MELON + 2

TOP IT OFF
FETA + 4.5
AVOCADO + 5.5
SLICE OF TOAST + 3.00

ARTISAN TOAST

WHITE/WHOLEGRAIN/SOURDOUGH/RAISIN/FRENCH PEANUT/TURKISH PANINI/BAGEL/CROISSANT/GLUTEN-FREE (+1): served with butter and choice of preserves (strawberry, raspberry, marmalade or vegemite) 7.5

THE SWEET STUFF

HOME MADE BANANA BREAD 8
Homemade banana bread with butter on the side.

DELUXE BANANA BREAD 15.5
Toasted banana bread with whipped cream cheese, apricot, caramel sauce and candied walnuts.

SMORES FRENCH TOAST 245
Brioche French toast with whipped cream cheese, toasted marshmallows, Nutella, and cookie crumbs.

NUTELLA AND STRAWBERRY CREAM CREPE 18.9
Nutella and strawberry cream
ADD BANANA + 4.5, ADD FRESH STRAWBERRIES, + 4.5

TROPICAL MANGO CREPE 18.9
Mango coulis, whipped cream cheese, diced mango and pistachios.

IF REESE’S CUP WERE A BANANA CREPE 17.9
Peanut butter, cream cheese, sliced banana, cookie crumbs.

WANNA SWEET WAFLE? 21.5
Waffles with whipped cream cheese, blackberry compote, maple syrup, and hazelnuts.

YOU SMOKED MY WAFFLE (SAVOURY-SWEET) 25
Bacon, fried egg, caramelised onion, smoky sauce

PLAIN WAFLE WITH MAPLE SYRUP 13

PLAIN CREPE WITH MAPLE SYRUP 13

WINTER WARMERS

WARM PORRIDGE 17
Porridge with chia seeds, caramelised apple, blackberry coulis, hazelnut, and a side of warm milk of choice. ADD BANANA + 4.5

A BERRY GRANOLA BOWL 18.9
Special home made granola (Oats, almonds, pumpkin seeds, cranberries, cashews, coconut) with greek yoghurt, caramelised apple, and blackberry coulis.

TOASTIES

HAM, CHEESE AND TOMATO TOASTED PANINI 135

AVOCADO AND SWISS CHEESE TOASTED PANINI 135

EXTRAS

Egg (1) (poached/fried) 3.6
Scrambled eggs (2) 8
Slice of toast (1) 3.80
Pork and sage sausage (2) 6
Smoked Salmon 7
Bacon 7
Pulled pork 8.50
Roast Potatoes 6
Buttered mushrooms 5.5
1/2 an avocado 5.5

Fritter (1) 4.5
Ham 4.5
Feta 4.5
Strawberry 4.5
Banana 4.5
Grilled Tomato 4.5
Sliced tomato 3.5

PLEASE ORDER AND PAY AT THE COUNTER. MORE DISHES ARE AVAILABLE THERE AND CHECK OUT OUR DAILY WINTER SPECIALS ON OUR (FACEBOOK).

IF YOU HAVE ANY DIETARY REQUIREMENTS DON’T HESITATE TO ASK ANY OF OUR STAFF, WE ARE HAPPY TO FIND ALTERNATIVE OPTIONS FOR YOU.

WE WILL TRY OUR BEST TO ACCOMMODATE ALL SERIOUS ALLERGIES, HOWEVER, PLEASE NOTE WE ARE NOT A NUT-FREE, GLUTEN-FREE, DAIRY-FREE KITCHEN AND THEREFORE CANNOT GUARANTEE THERE WON’T BE TRACES OF THESE.

(V) Vegetarian (VGO) Vegetarian Option (VG) Vegan (VGGO) Vegan Option (GF) Gluten-Free (GF) Gluten-Free Option
### HOT BEVERAGES

<table>
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<tr>
<th>Coffee Type</th>
<th>Price</th>
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<tbody>
<tr>
<td>Single Espresso</td>
<td>3.8</td>
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<tr>
<td>Long Black/Short Mac/Double Espresso</td>
<td>4.2</td>
</tr>
<tr>
<td>Flat White/Latte/Cappuccino</td>
<td>4.5</td>
</tr>
<tr>
<td>Long Mac</td>
<td>4.8</td>
</tr>
<tr>
<td>Mocha</td>
<td>5.0</td>
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### NOT COFFEE

<table>
<thead>
<tr>
<th>Not Coffee Type</th>
<th>Price</th>
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<tbody>
<tr>
<td>Hot Chocolate</td>
<td>5.0</td>
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<tr>
<td>Chai Latte</td>
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<tr>
<td>Spiced Tumeric Latte</td>
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<tr>
<td>Organic Matcha Latte</td>
<td>5.5</td>
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<tr>
<td>‘NOT’ Hot Toddy</td>
<td>7.0</td>
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<tr>
<td>BABYCHINO</td>
<td>2.5</td>
</tr>
<tr>
<td>COCO PUPPACINO (with LF Milk)</td>
<td>2.5</td>
</tr>
</tbody>
</table>

(Add a puppy treat: +0.8)

### ARTISAN TEA (LOOSE LEAF) ..... 5

- English Breakfast
- Earl Grey
- Japanese Sencha
- Honeydew Green
- Peppermint
- Chamomile
- Lemongrass and Ginger
- Punjab Chai (optional: brewed with milk and honey)

### EXTRAS

<table>
<thead>
<tr>
<th>Extras Type</th>
<th>Extra Price</th>
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<tbody>
<tr>
<td>Mug Size</td>
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<tr>
<td>Extra Shot</td>
<td>+0.8</td>
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<tr>
<td>Decaf</td>
<td>+0.5</td>
</tr>
<tr>
<td>Flavored Syrups</td>
<td>+1.0</td>
</tr>
<tr>
<td>Vanilla, hazelnut, or caramel</td>
<td>+0.8</td>
</tr>
<tr>
<td>Add Extra Choc</td>
<td>+0.8</td>
</tr>
<tr>
<td>Add Organic Matcha</td>
<td>+0.8</td>
</tr>
</tbody>
</table>

### COLD REFRESHERS

### FRESHLY SQUEEZED JUICES .......... 9

- ORANGE
- REDHEAD - carrot, apple, ginger
- BLIMEY - carrot, apple, watermelon
- SUPER JACKED - beetroot, watermelon, carrot, apple, ginger
- DETOX - Kale, cucumber, lemon, celery, apple, ginger
- BEACH BEAR - apple, pineapple, ginger, mint
- COWBOY - watermelon, apple, orange

MAKE YOUR OWN JUICE

- Base: Apple or Orange
- Supplementary: Watermelon, carrot, beetroot, carrot, ginger, celery or mint.

MAKE IT A LARGE ONE +3

### SUPER SMOOTHIES ..................... 10

- BREAK THE FAST SMOOTHIE - Rolled oats, banana, almond milk, honey, chia seeds, yoghurt
- STRAWBERRY - strawberry, banana, yoghurt, honey, oat milk
- TROPICAL ISLAND - Mango, pineapple, banana, coconut milk
- GYM WARRIOR - Vanilla whey protein (21g protein) banana, cocoa, oat milk

ADD WHEY PROTEIN +2
MAKE IT THE LARGEST +2

### THIRST QUENCHERS

### CLASSIC HONEY ICE TEA .................. 7.1

### STRAWBERRY SUGAR HIGH - strawberries, lemonade, mint, lemon ............. 9

### WATERMELON CRUSHER - watermelon, sparkling lemonade ................... 9

### SPARKLING ESPRESSO .................... 8

### CLASSIC MILKSHAKES .................... 9

1 LITRE OF MILKY GOODNESS.

- CHOCOLATE, CARAMEL, VANILLA, SPEARMINT OR STRAWBERRY.

MAKE IT THICK +1.5
ADD WHIPPED CREAM +1.5

### WINTER MAGIC SHAKES .................. 14.5

- COOKIE MONSTER - chocolate and vanilla syrup, ice cream, chocolate chip and Oreo cookies topped with whipped cream.

- MINTY MAYHEM - spearmint, chocolate syrup, Oreo cookie crumbs topped with whipped cream.

### ABOUT US.....

All our suppliers are Western Australian business owners just like us. So please also check them out and support them as well.

Our milk: Barrister Downs in Northcliff. They produce the best and creamy milk while doing it ethically.

Our Coffee Blend: Toast has its own very special Dark Roast blend roasted by Fremantle-located Rubra roasters.

Our Food: Everything you see is made in-house and carefully created seasonally, and our eggs are free ranged supplied by Margaret River Eggs.

Our Initiative: This season 2022-2023, we are saving our recycled bottles to help end child trafficking and slavery. One bottle at a time. If you are interested please ask any of our staff for more details. :)

TAKAWAYS AVAILABLE
802/302/1602